

# October 2019

## BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1 Breakfast</b> Scrambled eggs, toast, juice, milk  <b>Lunch</b> Breaded chicken nuggets, bread & butter, pears, fresh carrot sticks, milk	<b>2 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Tacos w/ lettuce and cheese, mexicorn, peaches, milk	<b>3 Breakfast</b> Pancakes w/ syrup, sausage links, juice, milk  <b>Lunch</b> Chicken alfredo w/ noodles, broccoli, applesauce, milk	<b>4 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Spaghetti w/ meat sauce, green beans, mixed fruit, milk
<b>7 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Cheeseburger w/bun, baked beans, peaches, milk	<b>8 Breakfast</b> Scrambled eggs, toast, juice, milk  <b>Lunch</b> Breaded chicken patties w/bun, fresh carrot sticks, pears, milk	<b>9 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Bean burrito, mexicorn, peaches, milk	<b>10 Breakfast</b> Pancakes w/ syrup, sausage links, juice, milk  <b>Lunch</b> Domino's/Pizza Hut Pizza, broccoli, applesauce, milk	<b>11 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> <b>PRESCHOOL ONLY</b> Ravioli, garlic bread, green beans, mixed fruit milk
<b>14 NO SCHOOL</b> <b>PRESCHOOL ONLY</b> <b>Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Corn dogs, baked beans, peaches, milk	<b>15 Breakfast</b> Scrambled eggs, toast, juice, milk  <b>Lunch</b> Breaded chicken Tenders, bread & butter, pears, fresh carrot sticks, milk	<b>16 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Walking Taco w/ lettuce and cheese, mexicorn, peaches, milk	<b>17 Breakfast</b> Pancakes w/ syrup, sausage links, juice, milk  <b>Lunch</b> <b>PRESCHOOL ONLY</b> Uncrustables, green beans, mixed fruit, milk	<b>18 NO SCHOOL</b> <b>PRESCHOOL ONLY</b> <b>Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Spaghetti-O's, bread & butter, cheese stick, green beans, mixed fruit, milk
<b>21 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Breaded fish stick sandwich, baked beans, peaches, milk	<b>22 Breakfast</b> Scrambled eggs, toast, juice, milk  <b>Lunch</b> Breaded chicken patty w/bun, pears, fresh carrot sticks, milk	<b>23 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Nachos w/ tortilla chips, lettuce, cheese, and salsa, mexicorn, peaches, milk	<b>24 Breakfast</b> Pancakes w/ syrup, sausage links, juice, milk  <b>Lunch</b> Chicken and vegetable stir fry over rice, applesauce, milk	<b>25 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Pepperoni pizza, green beans, mixed fruit, milk
<b>28 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Hot dog w/bun, baked beans, peaches, milk	<b>29 Breakfast</b> Scrambled eggs, toast, juice, milk  <b>Lunch</b> Breaded chicken nuggets, bread & butter, fresh carrot sticks, pears, milk	<b>30 Breakfast</b> Cereal, ½ banana, juice, milk  <b>Lunch</b> Walking Taco w/ lettuce and cheese, mexicorn, peaches, milk	<b>31 Breakfast</b> Pancakes w/ syrup, sausage links, juice, milk  <b>Lunch</b> Chicken wrap, broccoli w/ cheese sauce, applesauce, milk	