

March 2019

BREAKFAST AND LUNCH MENU (02/28/2019)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BREAKFAST cereal, ½ banana, juice, milk LUNCH Corn Dogs, green beans, mixed fruit, milk
4 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Salisbury steak, stuffing, mashed potatoes, strawberries, milk	5 BREAKFAST Egg & Cheese sandwich, juice, milk LUNCH BBQ Pork, mac & cheese, mixed vegetables, pears, milk	6 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Nachos w/ lettuce, cheese, salsa, refried beans, strawberries, milk	7 BREAKFAST Sausage & pancake on a stick, juice, milk LUNCH Chicken Alfredo w/noodles, green beans, applesauce, milk	8 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Spaghetti w/ meat sauce, corn, peaches, milk
11 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Cheese burger w/bun, corn, peaches, milk	12 BREAKFAST Egg & Cheese sandwich, juice, milk LUNCH Breaded chicken nuggets, tater tots, mixed veggies, pears, milk	13 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Soft tacos w/ lettuce, cheese, salsa, refried beans, pears, milk	14 BREAKFAST Sausage & pancake on a stick, juice, milk LUNCH Chicken stir fry over rice, green beans, applesauce, milk	15 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Irish Nacho's, salad, mixed fruit, milk
BREAKFAST Cereal, ½ banana, juice, milk LUNCH Scrambled eggs, French toast sticks, sausage links, hash browns, strawberries, milk	19 BREAKFAST Egg & Cheese sandwich, juice, milk LUNCH Chicken strips, bread & butter, mixed veggies, pears, milk	20 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Burritos, Spanish rice, salsa, salad, pineapple, milk	21 BREAKFAST Sausage & pancake on a stick, juice, milk LUNCH Sliced turkey, wild rice/gravy, green beans, applesauce, milk	22 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Ravioli, garlic bread, green beans, mixed fruit, milk
25 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Sloppy Joe's w/bun, fries, corn, peaches, milk	26 BREAKFAST Egg & Cheese sandwich, juice, milk LUNCH Breaded chicken nuggets, tater tots, mixed veggies, pears, milk	27 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Hard shell tacos w/ lettuce, cheese, salsa, refried beans, pears, milk	28 BREAKFAST Sausage & pancake on a stick, juice, milk LUNCH Chicken wraps, green beans, applesauce, milk	29 BREAKFAST Cereal, ½ banana, juice, milk LUNCH Frozen pizza, carrots/celery, mixed fruit, milk

*Juice is apple juice

** Milk is 1% white or 1% chocolate