

January 2019

BREAKFAST AND LUNCH MENU (01/04/2019)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School	2 Breakfast Cereal, ½ banana, juice, milk PRESCHOOL ONLY Lunch Chicken & vegetable noodle soup, crackers, applesauce, milk	3 Breakfast Egg & Cheese Sandwich, apple juice, milk PRESCHOOL ONLY Lunch Ham & cheese sandwich, carrots, mixed fruit, milk	4 Breakfast Cereal, ½ banana, apple juice, milk PRESCHOOL ONLY Lunch Frozen pizza, carrots, applesauce, milk
7 Breakfast Cereal, ½ banana, juice, milk Lunch Scrambled eggs, French toast sticks, sausage links, hash browns, strawberries, milk	8 Breakfast Egg & cheese breakfast sandwich, juice, milk Lunch Chicken patty w/bun, mixed veggies, pears, milk	9 Breakfast Cereal, ½ banana, juice, milk Lunch Tacos w/lettuce, cheese, refried beans & salsa, pineapple, milk	10 Breakfast Sausage & pancake on a stick, juice, milk Lunch Chicken Alfredo over noodles, green beans, sliced apples, milk	11 Breakfast Cereal, ½ banana, juice, milk Lunch Vegetable Beef soup and grilled ham/cheese sandwich, mixed fruit, milk
14 Breakfast Cereal, ½ banana, juice, milk Lunch Hamburger w/bun, French fries, corn, peaches, milk	15 Breakfast Egg & cheese breakfast sandwich, juice, milk Lunch Chicken strips, bread & butter, mixed veggies, pears, milk	16 Breakfast Cereal, ½ banana, juice, milk Lunch Burritos, Spanish Rice, salsa, pineapple, milk	17 Breakfast Egg & Cheese breakfast sandwich, juice, milk Lunch Turkey pot pie with veggies, applesauce, milk	18 Breakfast Cereal, ½ banana, juice, milk Lunch Chicken noodle soup, grilled ham & cheese sandwich, carrots, mixed fruit, milk
21 NO SCHOOL Martin Luther King Jr. Day	22 Breakfast Egg & cheese breakfast sandwich, juice, milk Lunch Chicken patty w/bun, mixed veggies, pears, milk	23 Breakfast Cereal, ½ banana, juice, milk Lunch Soft tacos with lettuce, cheese, salsa, refried beans, pineapple, milk	24 Breakfast Egg & Cheese breakfast sandwich, juice, milk Lunch Sweet & Sassy baked chicken, green beans, slice of bread, applesauce, milk	25 Breakfast Cereal, ½ banana, juice, milk Lunch Domino's Pizza, carrot/celery sticks, mixed fruit, milk
28 Breakfast Cereal, ½ banana, juice, milk Lunch Hot dog w/ bun, fries, corn, peaches, milk	29 Breakfast Egg & Cheese breakfast sandwich, juice, milk Lunch Chicken wraps, mixed veggies, pears, milk	30 Breakfast Cereal, ½ banana, juice, milk Lunch Nacho's with meat, lettuce, cheese, and salsa, pineapple, milk	31 Breakfast Sausage & pancake on a stick, juice, milk Lunch Sliced turkey, wild rice/gravy, green beans, applesauce, milk	*Juice is apple juice * Milk is 1% white or 1% chocolate