October Lunch Menu

Text **bold** and <u>underlined</u> Denotes whole wheat
1% Chocolate or White Milk Served at every meal!





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DISCLAIMER Menu's can change. Please check the website for the most up to date menu		**Our menu may include: Milk, Eggs, Fish, Shellfish, Wheat, Peanuts, Tree Nuts, Soy, Sesame.**		1 **<u>Chicken nuggets</u>**, mac & cheese, green beans, pears	2 Turkey & Cheese **<u>sandwich</u>**, fries, mixed fruit	3
4	5 Chicken & Noodles*, **<u>bread</u>** & butter, broccoli, mixed fruit	6 Taco w/meat & cheese, **<u>Spanish rice</u>**, refried beans, applesauce	7 Cold ham & cheese **sandwich*** Sun chips, carrot sticks, peach	8 Meatloaf, **roll**, mashed potatoes w/ gravy, pineapple	9 Hot dog on **<u>bun</u>**, French fries, pears	10
11	12 CLS Pasta w/ meat sauce, **<u>garlic bread</u>**, green beans, mixed fruit	13 Chicken Nachos w/meat & cheese, **<u>Spanish Rice</u>**, carrot & celery sticks, applesauce	14 **<u>Pizza</u>**, coleslaw salad, peaches	15 Baked turkey slice, **<u>Bread</u>**, Augratin potatoes, pears	16 Hamburger on **bun,** French fries carrot sticks, pineapple	17
18	19 Chicken Alfredo, **<u>bread</u>** & butter, broccoli pears	20 **<u>Walking Taco</u>** w/ meat & cheese, refried beans, mixed fruit	21 BBQ Chicken on **<u>bun</u>**, fries, peas, pears	22 **<u>Bosco sticks</u>** w/cheese sauce, carrot sticks, peaches	23 Hot dog on **<u>bun</u>**, tator tots, green beans, pineapple	24
25	26 Cheese **<u>quesadilla</u>**, peas, pineapple	27 Nacho's w/ meat & cheese, **<u>Spanish rice</u>**, carrots, peaches	28 **<u>Mini corn dogs</u>**, baked beans, pears	29 **<u>Chicken nuggets</u>**, mac & cheese, salad, applesauce	30 Cheeseburger on **<u>Bun</u>**, French fries, corn applesauce	31 HAPPY HALLOWEEN