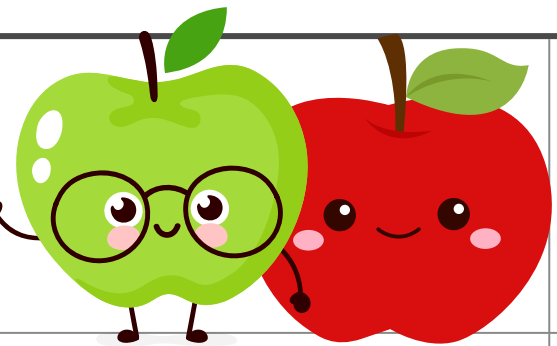


September

Breakfast Menu

Text **bold** and underlined
Denotes
whole wheat
**1% Chocolate or
White Milk Served at
every meal!**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 6		1 Sausage <u>Biscuit</u> , mixed fruit	2 <u>Waffles</u> w/syrup, sausage, pineapple	3 Scrambled eggs, bacon, applesauce	4 <u>Biscuit</u> & gravy breakfast potatoes, peaches	5
6 	7 No School	8 Ham <u>biscuit</u> , and mixed fruit	9 <u>French toast</u> w/syrup, pineapple	10 Egg casserole, breakfast potatoes, pears	11 <u>Biscuit</u> & gravy hashbrowns, applesauce	12
13 	14 <u>Whole grain muffin,</u> yogurt, mixed fruit 21 <u>Whole-grain muffin,</u> Greek yogurt, peaches	15 Sausage <u>biscuit</u> , and applesauce 22 Pigs in a <u>blanket</u> , mixed fruit	16 <u>Pancakes</u> w/ syrup, hashbrown, applesauce 23 <u>french toast</u> sticks and applesauce	17 Scrambled eggs, bacon, applesauce 24 eggs with ham & cheese, pineapple	18 <u>Biscuit</u> & gravy breakfast potatoes, applesauce 25 <u>Biscuits</u> & Gravy, hashbrowns, applesauce	19 26
27 	28 <u>Whole-grain muffin,</u> Greek yogurt, pears	29 Sausage <u>Biscuit</u> , mixed fruit	30 <u>Waffles</u> w/syrup, sausage, pineapple		Our menu may include: Milk, Eggs, Fish, Shellfish, Wheat, Peanuts, Tree Nuts, Soy, Sesame.	