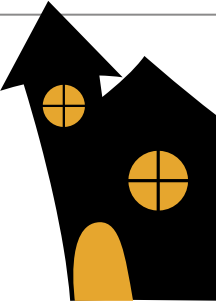


October

Lunch Menu

Text **bold** and underlined
Denotes whole wheat
1% Chocolate or White Milk Served at every meal!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DISCLAIMER Menu's can change. Please check the website for the most up to date menu		Our menu may include: Milk, Eggs, Fish, Shellfish, Wheat, Peanuts, Tree Nuts, Soy, Sesame.		1 <u>Chicken nuggets</u> , mac & cheese, green beans, pears	2 Turkey & Cheese <u>sandwich</u> , fries, mixed fruit	3
4	5 Chicken & Noodles*, <u>bread</u> & butter, broccoli, mixed fruit	6 Taco w/meat & cheese, <u>Spanish rice</u> , refried beans, applesauce	7 Cold ham & cheese <u>sandwich</u> * Sun chips, carrot sticks, peach	8 Meatloaf, <u>roll</u> , mashed potatoes w/ gravy, pineapple	9 Hot dog on <u>bun</u> , French fries, pears	10
 11	12 CLS Pasta w/ meat sauce, <u>garlic bread</u> , green beans, mixed fruit	13 Chicken Nachos w/meat & cheese, <u>Spanish Rice</u> , carrot & celery sticks, applesauce	14 Pizza, <u>garlic bread</u> salad, peaches	15 Baked ham, <u>roll</u> , Augratin potatoes, pears	16 Hamburger on <u>bun</u> , French fries carrot sticks, pineapple	17 
18	19 Chicken Alfredo, <u>bread</u> & butter, broccoli pears	20 <u>Walking Taco</u> w/ meat & cheese, refried beans, mixed fruit	21 BBQ Chicken on <u>bun</u> , fries, peas, pears	22 <u>Bosco sticks</u> w/cheese sauce, carrot sticks, peaches	23 Hot dog on <u>bun</u> , tator tots, green beans, pineapple	24
 25	26 Ravioli w/pasta sauce <u>garlic bread</u> , peas, pineapple	27 Nacho's w/ meat & cheese, <u>Spanish rice</u> , carrots, peaches	28 <u>Mini corn dogs</u> , baked beans, pears	29 <u>Chicken nuggets</u> , mac & cheese, salad, applesauce	30 Cheeseburger on <u>Bun</u> , French fries, corn applesauce	31 