

November

Breakfast Menu

* Denotes whole wheat

1% Chocolate or White Milk Served at every meal!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 French toast w/ syrup, and applesauce *	4 Sausage Biscuit, and mixed fruit *	5 Pancakes w/ syrup, and banana *	6 Whole-grain muffin, Greek yogurt with strawberries *	7 No School	8
9	10 French Toast sticks with syrup and pineapple *	11 Whole grain muffin, greek yogurt w/ strawberries *	12 Biscuit & sausage gravy, potatoes, applesauce *	13 Waffles w/ syrup, yogurt, and fruit *	14 Pancakes w/ syrup, and mixed fruit *	15
16	17 Sausage biscuit, and applesauce *	18 French toast w/syrup, and pineapples *	19 Egg casserole with sausage & cheese, mixed fruit	20 Whole-grain muffin, Greek yogurt w/ strawberries *	21 Pancakes w/ syrup, and pears *	22
23	24 Waffles with syrup and mixed fruit *	25 Sausage biscuit, and pineapple *	26 No School	27 Happy Thanksgiving	28 No School	29
30	DISCLAIMER Menu's can change. Please check the website for the most up to date menu Our menu may include: Milk, Eggs, Fish, Shellfish, Wheat, Peanuts, Tree Nuts, Soy, Sesame.					