

October 2018

BREAKFAST AND LUNCH MENU (10/3/2018)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Hot Dog or Chili dog w/ bun, corn, peaches, milk</p>	<p>2 Breakfast Pancake & Sausage on a stick, juice, milk</p> <p>Lunch Breaded Chicken Patties w/ bun, mixed veggies, pears, milk</p>	<p>3 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Walking Tacos w/lettuce, cheese & salsa, pineapple, milk</p>	<p>4 Breakfast Pancake & sausage on a stick, juice, milk</p> <p>Lunch Sweet & Sassy baked chicken, green beans, slice of bread, applesauce, milk</p>	<p>5 Breakfast Cereal, ½ banana, juice, milk</p> <p>K-8 NO LUNCH Lunch (Preschool Only) Chili, w/ crackers, mixed vegetables, mixed fruit, milk</p>
<p>8 Breakfast (Preschool Only) Cereal, ½ banana, juice, milk</p> <p>Lunch (Preschool Only) Beef stew with veggies, peaches, milk</p> <p>NO SCHOOL K-8</p>	<p>9 Breakfast Egg & Cheese breakfast sandwich, apple juice, milk</p> <p>Lunch Breaded chicken nuggets, fries, mixed vegetables, pears, milk</p>	<p>10 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Nacho's with lettuce, cheese, and salsa, pineapple, milk</p>	<p>11 Breakfast Egg & Cheese breakfast sandwich, apple juice, milk</p> <p>Lunch Chicken alfredo over noodles green beans, applesauce, milk</p>	<p>12 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Spaghetti with meat sauce, salad, mixed fruit, milk</p>
<p>15 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Cheeseburger on a bun, fries, corn, peaches, milk</p>	<p>16 Breakfast Egg & Cheese breakfast sandwich, apple juice milk</p> <p>Lunch Breaded chicken strips, fries, mixed vegetables, pears, milk</p>	<p>17 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Chicken soft tacos with lettuce, cheese, salsa, refried beans, pineapple, milk</p>	<p>18 Breakfast Egg & Cheese breakfast sandwich apple juice, milk</p> <p>K-8 NO LUNCH LUNCH (Preschool Only) Beef stew with veggies, applesauce, milk</p>	<p>19 Breakfast (Preschool Only) Cereal, ½ banana, juice, milk</p> <p>K-8 NO SCHOOL Lunch (Preschool Only) Ravioli, mixed vegetables, mixed fruit, milk</p>
<p>22 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Fish sticks w/slice of bread, fries, corn, peaches, milk</p>	<p>23 Breakfast Egg & Cheese sandwich, apple juice, milk</p> <p>Lunch Breaded chicken patties w/bun, mixed vegetables, pears, milk</p>	<p>24 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Beef tacos with lettuce, cheese & salsa, refried beans, pineapple, milk</p>	<p>25 Breakfast Egg & Cheese sandwich, apple juice, milk</p> <p>Lunch Chicken pot pie with veggies, applesauce, milk</p>	<p>26 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Domino's Pizza, carrot/celery sticks, mixed fruit, milk</p>
<p>29 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Sloppy Joe on a bun, red beans, corn, peaches, milk</p>	<p>30 Breakfast Egg & Cheese sandwich, apple juice, milk</p> <p>Lunch Breaded chicken nuggets, fries, mixed veggies, pears, milk</p>	<p>31 Breakfast Cereal, ½ banana, juice, milk</p> <p>Lunch Burritos, Spanish Rice, salsa, pineapple, milk</p>		