



Christ Lutheran school Lunch Menu September 2009

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| | 1 Pizza bread Carrot sticks Fresh apple Cookie Milk | 2 Tacos with lettuce, meat and cheese Spanish rice Orange wedges Brownie Milk | 3 Peanut butter & jelly sandwich Pretzels Celery sticks Jello with fruit Cookie Milk | 4 Chef salad with meat, cheese, egg Crackers Peaches Muffin Milk |
| 7 LABOR DAY NO SCHOOL | 8 Cheeseburger on bun Pickles Baked fries Baked beans Pears Milk | 9 Beef stew with vegetables Rice Bread & butter Pineapple Milk | 10 Biscuit with sausage gravy Hash brown Mixed fruit Cookie Milk | 11 Hot ham & cheese sandwich Sun chips Fresh vegetables Fresh fruit Cookie Milk |
| 14 Chili dog on bun Baked fries Broccoli with dip Cinnamon applesauce Milk | 15 Chicken pattie on bun Corn Corn chips Jello with fruit Cookie bar Milk | 16 Baked spaghetti with meat sauce Garlic bread Green beans Peaches Milk | 17 Baked potato bar with chili and cheese Broccoli Mixed fruit Cookie Milk | 18 Bosco cheese bread stick with pizza sauce Fresh vegetables Ranch dip Fresh fruit Brownie Milk |
| 21 Sloppy joe on bun Sun chips Peas Pears Milk | 22 Waffles with syrup Sausage pattie Hash browns Fruit cup Muffin Milk | 23 Chicken strips Mashed potatoes Gravy Corn Roll & butter Tropical fruit Milk | 24 Taco salad with meat, cheese & lettuce Corn chips Salsa & sour cream Mandarin oranges Cookie Milk | 25 Pizza Hut pizza Fresh vegetables Fresh fruit Cookie Milk |
| 28 Tenderloin on bun Pretzels Peas & carrots Pineapple Milk | 29 Turkey club sandwich Chips Pickle Carrot sticks Pears Cookie Milk | 30 Chicken & alfredo sauce over noodles Garlic bread Green beans Peaches Milk | | |