



# Christ Lutheran School Breakfast Menu October 2009

				1	2
NO SCHOOL		NO SCHOOL			
5	6	7	8	9	
Cereal <b>or</b> Poptart Juice Milk	French toast with syrup Sausage pattie or Breakfast bar Juice Milk	Muffin and tube yogurt or Breakfast bar Juice Milk	Cereal <b>or</b> Poptart Juice Milk	NO SCHOOL	
12		13	14	15	16
NO SCHOOL		Pancake with syrup or Breakfast bar Juice Milk	Egg sandwich or Breakfast bar Juice Milk	Cereal <b>or</b> Poptart Juice Milk	Bagel with cream cheese or Breakfast bar Juice Milk
19	20	21	22	23	
Cereal <b>or</b> Poptart Juice Milk	Waffles with suryp or Breakfast bar Juice Milk	Pigs in a blanket or Breakfast bar Juice Milk	Cereal <b>or</b> Poptart Juice Milk	Cinnamon rolls or Breakfast bar Juice Milk	
26	27	28	29	30	
Cereal <b>or</b> Poptart Juice Milk	French toast sticks with syrup or Breakfast bar Juice Milk	Scrambled eggs Sausage Toast or Breakfast bar Juice Milk	Cereal <b>or</b> Poptart Juice Milk	Oastmeal or Breakfast bar Juice Milk	