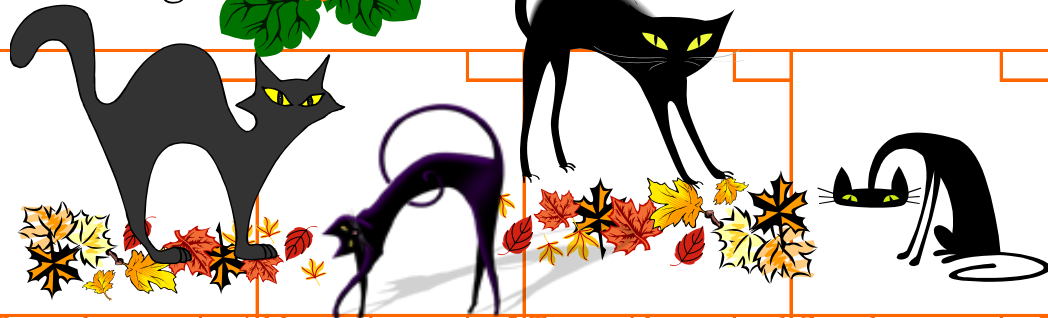




Christ Lutheran School Lunch Menu October 2010



						Ravioli with meat sauce Bread stick Fresh vegetables Sliced apples Milk		1						
Peanut butter & jelly sandwich Sun chips Carrot sticks Fresh fruit Milk		4	Macaroni 'n cheese Bread & butter Green beans Pears Milk		5	Tacos with shells, lettuce meat & cheese Salsa / Sour cream Ranch dressing Mandarin oranges Cookie Milk		6	Corn dog Green beans Peaches Cookie Milk		7	NO SCHOOL 		8
NO SCHOOL 		11	Chili dog on bun Sun chips Fresh vegetables Fresh fruit Milk		12	Hamburger on bun French fries Fresh vegetables Fresh fruit Milk		13	Bosco cheese breadstick Pizza sauce Fresh vegetables Applesauce Milk		14	Biscuit with sausage gravy Hash browns Fruit cocktail Cookie Milk		15
Spaghetti with meat sauce Bread stick Fresh vegetables Pears Milk		18	Chicken pattie on bun Corn chips Corn Peaches Milk		19	Taco salad with lettuce, meat & cheese Salsa Fresh fruit Cookie Milk		20	Chicken nuggets Mashed potatoes Gravy Bread & butter Corn Pears Milk		21	Pizza Hut pizza Fresh vegetables Fresh fruit Rice Krispie treat Milk		22
NO SCHOOL 		25	Barbecue chicken on bun Green beans Applesauce Muffin Milk		26	Baked turkey Mashed potatoes Gravy Green beans Sliced apples Bread & butter Milk		27	Barbecue riblet on bun Pretzels Corn Applesauce Milk		28	Chicken 'n noodles Bread & butter Fresh vegetables Fresh fruit Milk		29